

Learn to live a healthy lifestyle





Department of Standards Malaysia (STANDARDS MALAYSIA)

with the cooperation of



Malaysian Association of Standards Users (Standards Users)

is organising an awareness campaign on

MALAYSIAN STANDARDS for Public Toilet MS2015:2006 Series



in conjunction with

International Year of Sanitation 2008

Can you identify good rest room or toilet habits?

I draw on the mirror.





I wash the toilet every week.



I throw toilet paper on the floor.





I wash my hands after using the toilet.

I eat while using the toilet





I flush the toilet after use.

Bad toilet habits can make us fall ill.





Good toilet habits make us healthy.

When Using the toilet

- Do not flick water on the floor after washing your hands. Instead, dry them with the hand dryer or hand towel available.
- · Flush the toilet thoroughly after use.
- Dispose all unwanted stuffs into the bins instead of conveniently throwing them on the floor.
- Hand wash basin is only meant for hand washing. Thus, it shouldn't be used to wash other materials.
- When using the toilet paper, just pull the exact pieces so that they
 would not litter the floor and waste the toilet paper.
- For guys using toilets, do aim properly at the urinal so as not to dirty the floor.
- Users should not set their foot on any part of the toilet bowl so that the toilet bowl will remain clean for the next user.
- Do not choke the toilet bowl or the hand wash basin with waste.
- · Do not smoke inside the toilet as the fallen ash will dirty the floors.

Something that we need to know

- Public toilets should be supervised all the time or checked at regular intervals to maintain the highest level of hygiene and cleanliness.
- Adjust the tap level properly so as to ensure water do not splash onto the ground and thus causing it to be slippery and inconvenient for the next user.
- Restrooms can serve as a sources of unpleasant odours due to body fluids, bacteria and mould growth. Therefore they must be well ventilated with regular exchange of air and cleaned regularly.
- Vandalism is a common problem in public toilets and it often makes the toilets appear unsightly. Thus, one shouldn't vandalize the toilets and should uphold the clean image.

Clean toilets lead to healthier life.